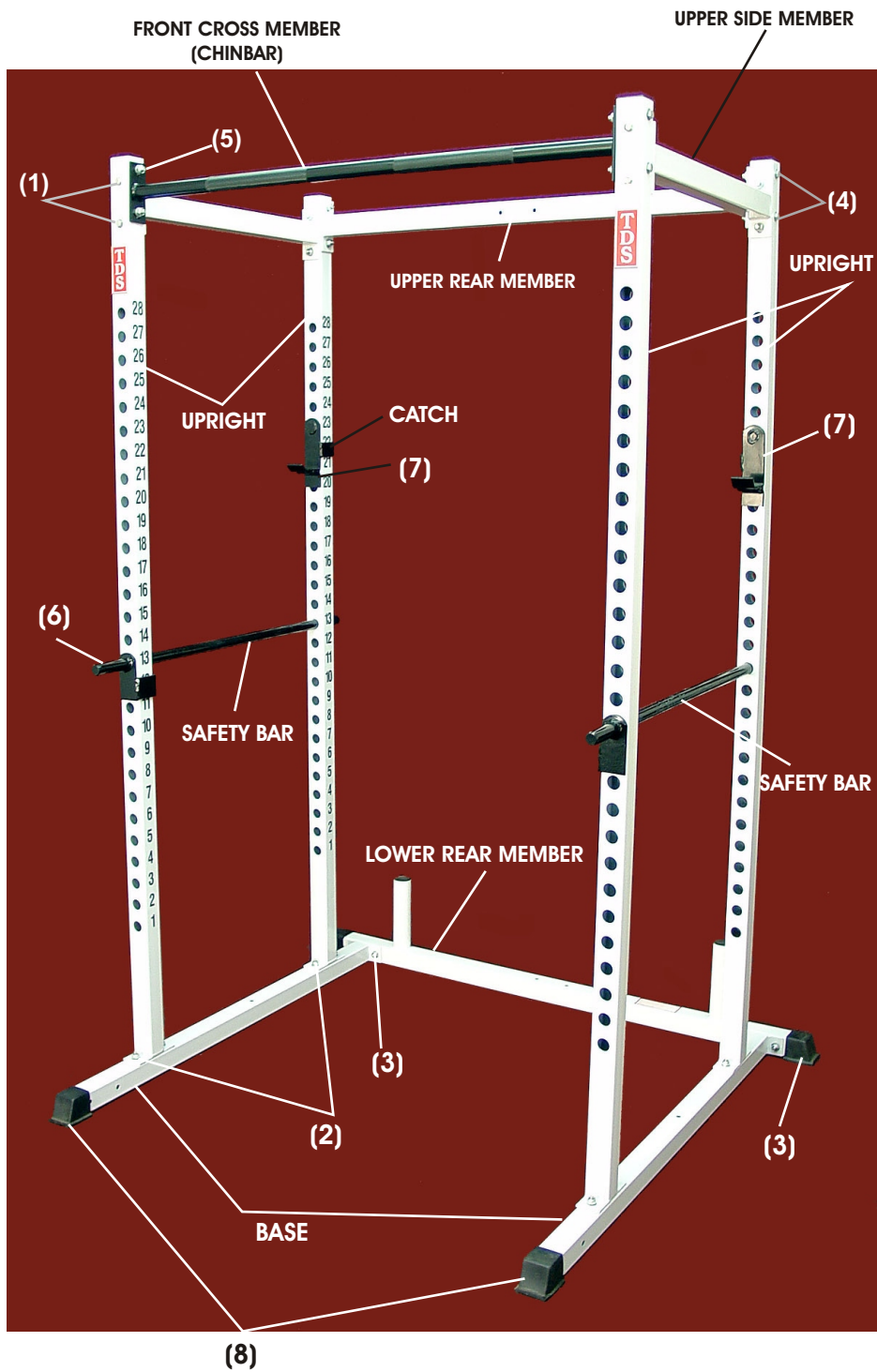


C92563-POWER RACK



T.D.S. FITNESS EQUIPMENT
P.O. BOX 4189
ELMIRA, NY 14904, USA

C-92563 POWER RACK - ASSEMBLY INSTRUCTIONS

THIS UNIT REQUIRES (1) 9/16 WRENCH AND (1) 1 1/16 WRENCH FOR ASSEMBLY.

1. ATTACH (2) UPPER SIDE CROSS MEMBERS TO (4) UPRIGHTS WITH (8) 3/8 X 3 BOLTS, (16) 3/8 FLAT WASHERS AND (8) 3/8 LOCK NUTS.
2. ATTACH (2) BASE TO (4) UPRIGHT WITH (8) 3/8 X 2 3/4 BOLTS, (8) 3/8 FLAT WASHERS, (8) 3/8 FLAT WASHERS AND (8) 3/8 LOCK NUTS.
3. ATTACH (1) LOWER REAR CROSS MEMBER TO BASE WITH (4) 3/8 X 3 BOLTS, (8) 3/8 FLAT WASHERS AND (4) 3/8 LOCK NUTS.
4. ATTACH (1) UPPER REAR CROSS MEMBER TO (2) UPRIGHTS WITH (4) 3/8 X 3 BOLTS, (8) 3/8 FLAT WASHERS AND (4) 3/8 LOCK NUTS.
5. ATTACH (1) FRONT CROSS MEMBER (CHIN BAR) TO (2) UPRIGHTS WITH (4) 3/8 X 3 BOLTS, (8) 3/8 FLAT WASHERS AND (4) 3/8 LOCK NUTS.
6. INSERT (2) SAFETY BAR THRU UPRIGHTS. TURN SAFETY BAR TO LOCK IT INTO POSITION.
7. SET CATCH AT DESIRED WEIGHT. TURN TO LOCK IT INTO POSITION.
8. FILL OPEN TUBES WITH (4) 2 END CAPS, (4) 2 PLASTIC FEET AND (2) 1-7/8 ROUND END CAPS.

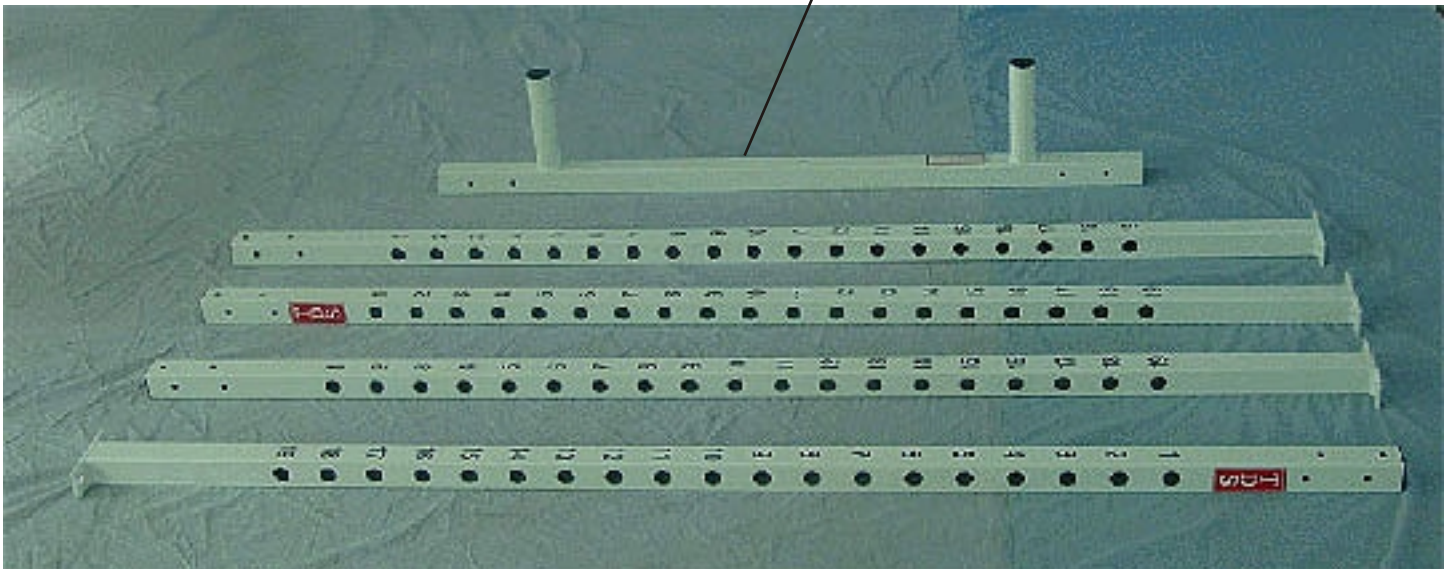
HARDWARE LIST

| | |
|---------|----------------------|
| 8 EACH | 3/8 X 2 3/4 BOLTS |
| 20 EACH | 3/8 X 3 BOLTS |
| 48 EACH | 3/8 FLAT WASHERS |
| 28 EACH | 3/8 LOCK NUTS |
| 4 EACH | 2 SQUARE END CAPS |
| 4 EACH | 2 PLASTIC FEET |
| 2 EACH | 1-7/8 ROUND END CAPS |

THIS UNIT IS DESIGNED TO ACCEPT THE 2600 CABLE CROSSOVER, 94105 PEC & LAT, 94101 SELECT PEC & LAT, 96031 LAT ATTACHMENT AND THE 96031SEL SELECT LAT ATTACHMENT.

C92563-POWER RACK
PACKING LIST
BOX - 1 OF 2

LOWER CROSS MEMBER 1PC



UPRIGHT 4PCS

**THIS EQUIPMENT
DESIGNED BY TDS IN USA
MANUFACTURED IN CHINA**

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ELMIRA, NY 14904, USA**

C92563-POWER RACK
PACKING LIST
BOX - 2 OF 2

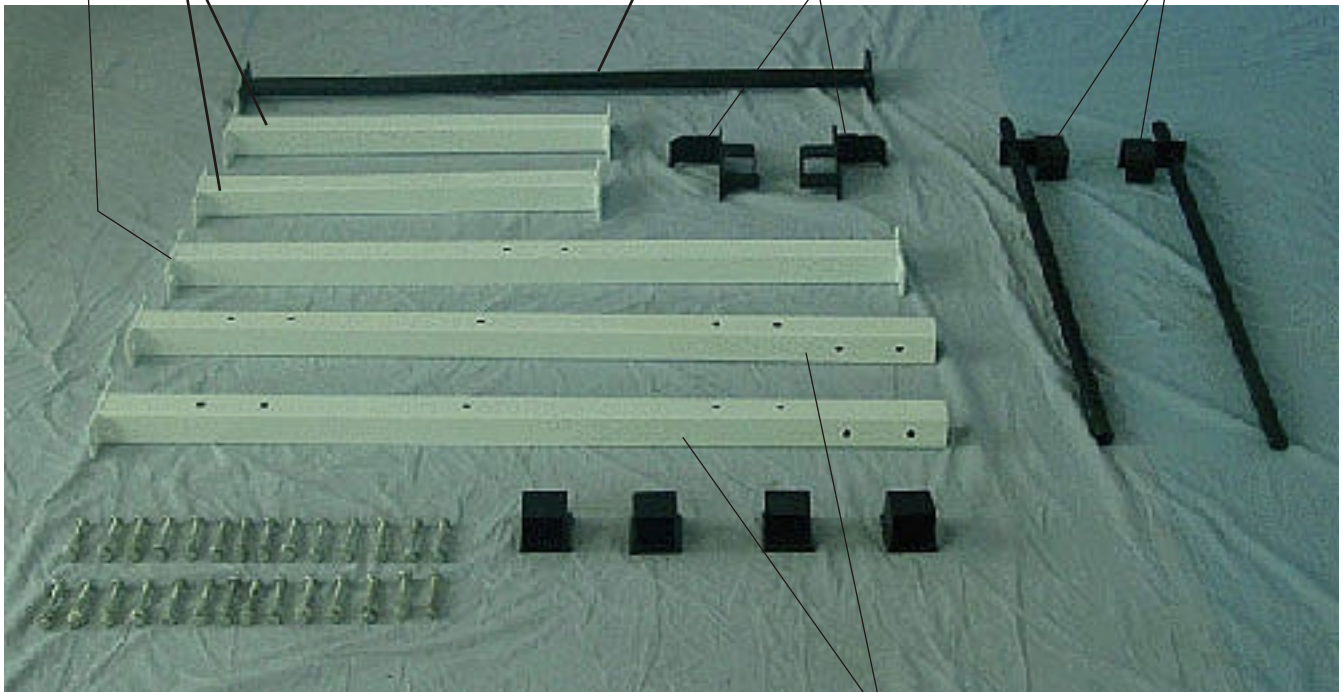
**UPPER REAR
CROSS MEMBER**

**UPPER SIDE
MEMBER 2PCS**

**UPPER FRONT
CROSS MEMBER**

CATCH 2PCS

SAFETY BARS



BASE 2PCS

**HARDWARE - 2 PKG.
LITERATURE - 1 PKG**

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